

Workshop di corda verticale, tessuti e cinghie aeree

Gianluca Gerlando Gentiluomo

Duration: 2/3 days from 2 to 4 hours a day (duration is to be arranged with the organization)

Level: Beginner and/or Intermediate-Advanced

Number of participants: 6 to 15

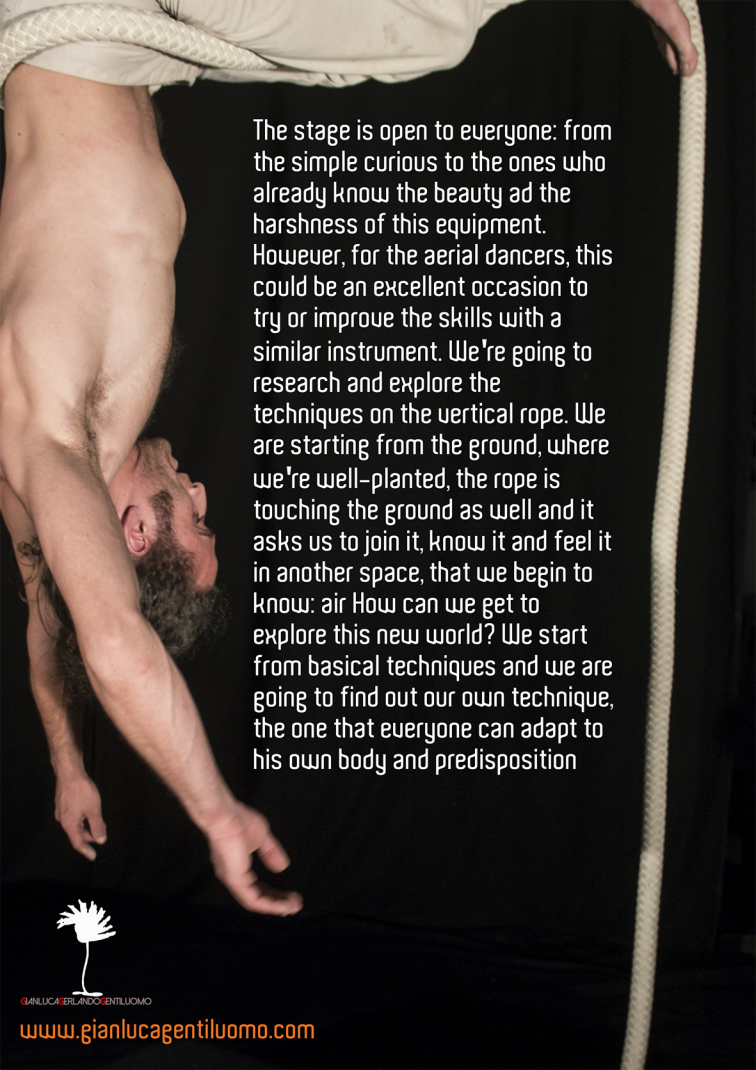
Workshop tour:

- 'Scuola di circo Uertigo', Grugliasco
- 'Circo della Luna', Pescara
- 'Marcela Viola aerialist', Amsterdam
- 'Uisionaria', Ancona
- 'Accademia Materiaiuvia', Roma
- 'scuola di circo Tenrock', Brindisi
- 'Progetto Slip', Torino
- 'Walking In The Air', Lecce
- 'Spazio NU', Pontedera
- 'UP scuola di circo', Bra
- 'Piccola scuola di Circo', Milano



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The stage is open to everyone: from the simple curious to the ones who already know the beauty and the harshness of this equipment. However, for the aerial dancers, this could be an excellent occasion to try or improve the skills with a similar instrument. We're going to research and explore the techniques on the vertical rope. We are starting from the ground, where we're well-planted, the rope is touching the ground as well and it asks us to join it, know it and feel it in another space, that we begin to know: air. How can we get to explore this new world? We start from basic techniques and we are going to find out our own technique, the one that everyone can adapt to his own body and predisposition.



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Programme

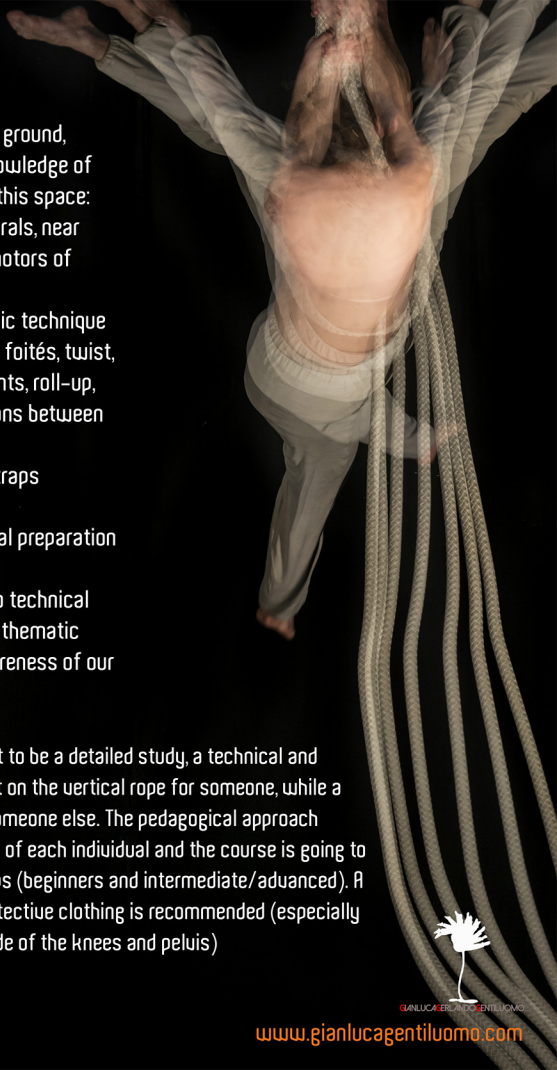
- > starting from the ground, awareness and knowledge of our movements in this space: levels of height, spirals, near space, far space, motors of movement
- > static and dynamic technique on the rope, plance, foités, twist, acrobatic movements, roll-up, roll-down, transitions between figures, fall.
- > posture, use of straps
- > specific physical preparation on the rope
- > from technique to technical research, artistic thematic improvisation, awareness of our own technique

This stage is thought to be a detailed study, a technical and artistic development on the vertical rope for someone, while a first approach for someone else. The pedagogical approach depends on the level of each individual and the course is going to be divided into groups (beginners and intermediate/advanced). A comfortable but protective clothing is recommended (especially for legs, the back side of the knees and pelvis)



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In 2008 he attend the school "Scuola di Cirko Uertigo" and then the school "Arc en Cirque" in Chambéry (France), through an artistical formation that leads him to the creation of his own "Sale". He goes on with his specialisation studies at "Scuola di Cirko Uertigo" and joins the show "UertigoSuiteStudio" (directed by C.M.Sismondi -Blucinqe Cia) In 2014 he creates the group "Collettivo Nientedimeno", giving birth to the show "Onironautica". Some of his collaborations: "Cia. Nalda Factory" (Seoul - South Corea); festival "Br'Ain de Cirque" (Bourg en Bresse - FR); "Circo Acquatico Bellucci", "Rudi Lata Circus", "Psychiatric Circus" Some of his Teachers: Silvia Francioni, Roman Fedin, Arian Miluka, Luisella Tamietto, Nacho Ricci, Leo Headman, Emiliano Ron, Gabriel Tramullas. He's actually working and teaching with: "scuola di Cirko Uertigo", "Accademia Materiaiuiva", "UP scuola di circo" and many others circuses both in Italy and abroad. He obtained the BIAC certificate (Brevet d'Initiation aux Arts du Cirque), released by FFEC, licensed to teaching of circus arts for amateurs and professionals.



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